

1. **THE ENTRANCE:** Everything starts at your Front door; it is a symbol of the path of your life, the start of your journey. Ask yourself: Does your door open easily? Does it open at least at a 90 degree angle? Is there “stuff”, cluttering it and preventing it from opening fully?

**TIPS:**

- a. Move everything out of the way
- b. Oil the hinges
- c. “Dress” your entrance with fresh plants and flowers
- d. Make sure that it is well-lit
- e. Make your entry area welcoming and inviting.



2. **THE BEDROOM:** Slowly walk into your bedroom. How does it make you feel? The bedroom is important for your health and within it, your bed is the most important piece of furniture; after all, you spend close to a third of your life in it!

**TIPS:**

- a. It should not be directly in line with the door
- b. There should be a solid wall behind the head board
- c. Fresh soft linens and pastel colors promote a vitalizing sleep.
- d. Engage ALL you senses, after all your bedroom is your sanctuary.



3. **DE-CLUTTER:** Clutter is a sign that you may be way too attached to your past. It leads to stagnant CHI, stunts your creativity, and is sure to prevent you from recognizing new opportunities. Living in clutter is like living in a fog: the beauty is there, but you cannot see it.

**TIPS:**

- a. Take a moment and do quick sweep of the main rooms in your home to get the clutter under control.



4. **THE KITCHEN:** This is where your health and wealth simmer. According to Chinese philosophy, the stove provides nourishment to every member of your family so that they in turn can work to provide for each other.

**TIPS:**

- a. Make sure your stove is sparkling clean and all burners used and in working condition.



5. **YOUR HOME:** Take a deep breath and slowly walk into each room. What are your eyes drawn to immediately? Is it pleasant? Is it uninspiring? Is it causing you frustration or anxiety?

**TIPS:** [Place something what will give you a sense of happiness and joy]

- a. Art, Flowers and plants
- b. Photograph of family and friends



6. **COMMAND POSITION:** Having a command position for your Bed, Desk, Dining chair, ETC. is most important for wealth and health, but also for clarity and sense of direction in your life.

**TIPS:** Position your bed or desk so that you:

- Can see easily the opening of the door and window in to your room.
- Make sure you are not in line with the door.
- Have a solid wall behind your bed or desk protecting your back and putting you in control of your space.
- The optimal positioning is at a diagonal from the doorway; this is most supportive and powerful. If you cannot accommodate that positioning right now, position a mirror such that you can see the doorway.



7. **WATER ELEMENT:** Symbolic of nature's nurturing role

**TIPS:**

- Fish bowls and fountains are positive nurture-inducing elements for your home.
- Add a water fountain or mirror to the foyer or by the front door; both are symbolic of water energy.
- Drains in your house may be a catalyst for a loss of money; make sure that you have no leaky faucets throughout your house
- Keep the bathroom doors closed and toilet lids down to keep YOUR money in YOUR house!



8. **LIGHTING:** Can be used to solve both interior and exterior Feng Shui problems. Light represent the nurturing power of the sun; it increases the energy of the space

**TIPS:**

- Brighter IS better.
- Look around your home; are there dark areas? Stagnant energy will collect in these spaces.
- Light up all dark corners.



9. **FLORA - PLANTS AND FLOWERS:** Symbolic of growth and development as well as a nature's beauty and life force.

**TIPS:**

- Flora that looks good in your home is a sign that healthy energy lives within it.
- Healthy flora gives hope to the home's occupants
- Flora softens sharp corners.
- Flora is an attractive force: It attracts positive energy, clients, AND business.

